

THE UNIVERSITY OF VIRGINIA CHILDREN'S HOSPITAL &
THE TEEN AND YOUNG ADULT HEALTH CENTER PRESENT

10TH TEEN CULTURE CONFERENCE

ARE THE KIDS ALRIGHT?

A PRIMER FOR PROFESSIONALS IN CHALLENGING TIMES

October 9, 2017 • Alumni Hall • Charlottesville, Virginia



UNIVERSITY
of VIRGINIA | School of Medicine
Children's Hospital

PROVIDED BY
OFFICE OF CONTINUING MEDICAL EDUCATION

The University of Virginia Children's Hospital &
The Teen and Young Adult Health Center Present:

10th Teen Culture Conference

ARE THE KIDS ALRIGHT?

A PRIMER FOR PROFESSIONALS IN CHALLENGING TIMES

Date: Monday, October 9, 2017

Location: Alumni Hall, 211 Emmet Street, Charlottesville, VA

Course

Description: This biennial one-day conference is for professionals who care for and about teenagers and young adults. This includes educators, nurses, counselors, physicians, clergy and social workers. This year's conference will focus on emerging issues in adolescent health and well-being including healthcare reform, eating disorders, the opioid crisis, the role music plays in the lives of teens, youth chronic conditions and the transition to adulthood, PTSD, immigration and adverse childhood events, motivational interviewing for adolescent behavior change and providing transhealth care for teens and young adults.

Educational Objectives:

1. To increase awareness among professionals on the important trends including cancer prevention, mental health, substance abuse and trauma informed care
2. Prepare professionals to develop and lobby for policy changes as it affects adolescent health
3. Discuss adolescent interventions using techniques such as motivational interviewing and music therapy
4. Explore the issues of immigration to the United States from an adolescent and family perspective
5. Enhance early intervention to prevent eating disorders among those at risk

Parking:

On October 9, 2017 at the Emmet Ivy Garage (123 Emmet Street); Take the UVA Green Route bus or walk 10-15 minutes South along Emmet Street (Rt. 29) to Alumni Hall.

Provided by the Office of Continuing Medical Education

For further information contact Eva Casola, CME Program Manager EvaC@virginia.edu

Agenda:

8:00 - 8:30 am	REGISTRATION & BREAKFAST	SPEAKER
8:30 - 8:45 am	Welcome	Dyan A. Aretakis, FNP, MSN Mary A. Sullivan, MEd
8:45 - 9:45 am	The State of Adolescence 2017: Emerging issues in adolescent health and well-being	Tamera Coyne-Beasley, MD, UNC President, SAHM
9:45 - 10:45 am	Health Care Reform: What will it mean for adolescents?	Charlene Wong, MD Duke University, Durham, NC
10:45 - 11:00 am	Break and Exhibits	
11:00 am - Noon	The Opioid Abuse Epidemic & the Impact on Teens/Young Adults	Christopher P. Holstege, MD UVA Emergency Medicine
Noon - 12:30 pm	LUNCH (provided)	
12:30 - 1:00 pm	Studio Talk: Music in the lives of teens	TBA
1:00 - 2:00 pm	Getting to Happily Ever After: Care redesign for youth with chronic conditions transitioning to adulthood	Richard J. Chung, MD Duke University, Durham, NC
2:00 - 3:00 pm	PTSD and Immigration	Eboni Bugg, LCSW, RYT The Women’s Initiative, Charlottesville, VA
3:00 - 3:15 pm	Stretch , Break & Exhibits	
3:15 - 4:15 pm	Talk to me! A critical look at how we don’t, but could, engage teens for behavior change	Erin Berenz, PhD University of Illinois, Chicago, IL
4:15 - 5:15 pm	The Journey to Providing Transhealth Care: An interview between physician and patient	Nancy M. McLaren, MD UVA Teen & Young Adult Health Center
5:15 pm	ADJOURN	

Lodging:

A block of rooms has been reserved for course participants at The Cavalier Inn (105 Emmet St N) conveniently located within walking distance to UVA Alumni Hall. Please call (434) 296-8111 for reservations prior to **9/8/17** and identify yourself as a participant of the UVA Teen Culture Conference to receive the preferred rate of **\$95.00 (+ tax)** per night for single/double occupancy. Lodging rates are subject to local and state taxes in addition to the published rate.

Special Needs:

Please contact us with special needs or to update your profile.

Registration:

Online only at www.cmevillage.com under the “Conferences & Symposia” button. Registration includes lectures, online syllabus, parking at Emmet Ivy Garage, breakfast, lunch and refreshments.

Cancellation Policy:

Please visit the FAQ page on our website at www.cmevillage.com

Fees:	prior to 9/9/2017	as of 9/9/2017	as of 10/2/2017 or Walk-in
Physician	\$130	\$180	\$230
Non-physician*	\$75	\$100	\$125

* includes nurses, residents, fellows, students, community members
Registration closes midnight October 1, 2017 after which time walk-in rates will apply.

ACCREDITATION AND DESIGNATION STATEMENT

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Virginia School of Medicine designates this live activity for a maximum of **7.50 hours AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The University of Virginia School of Medicine awards **7.50 hours of participation** (equivalent to **AMA PRA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.