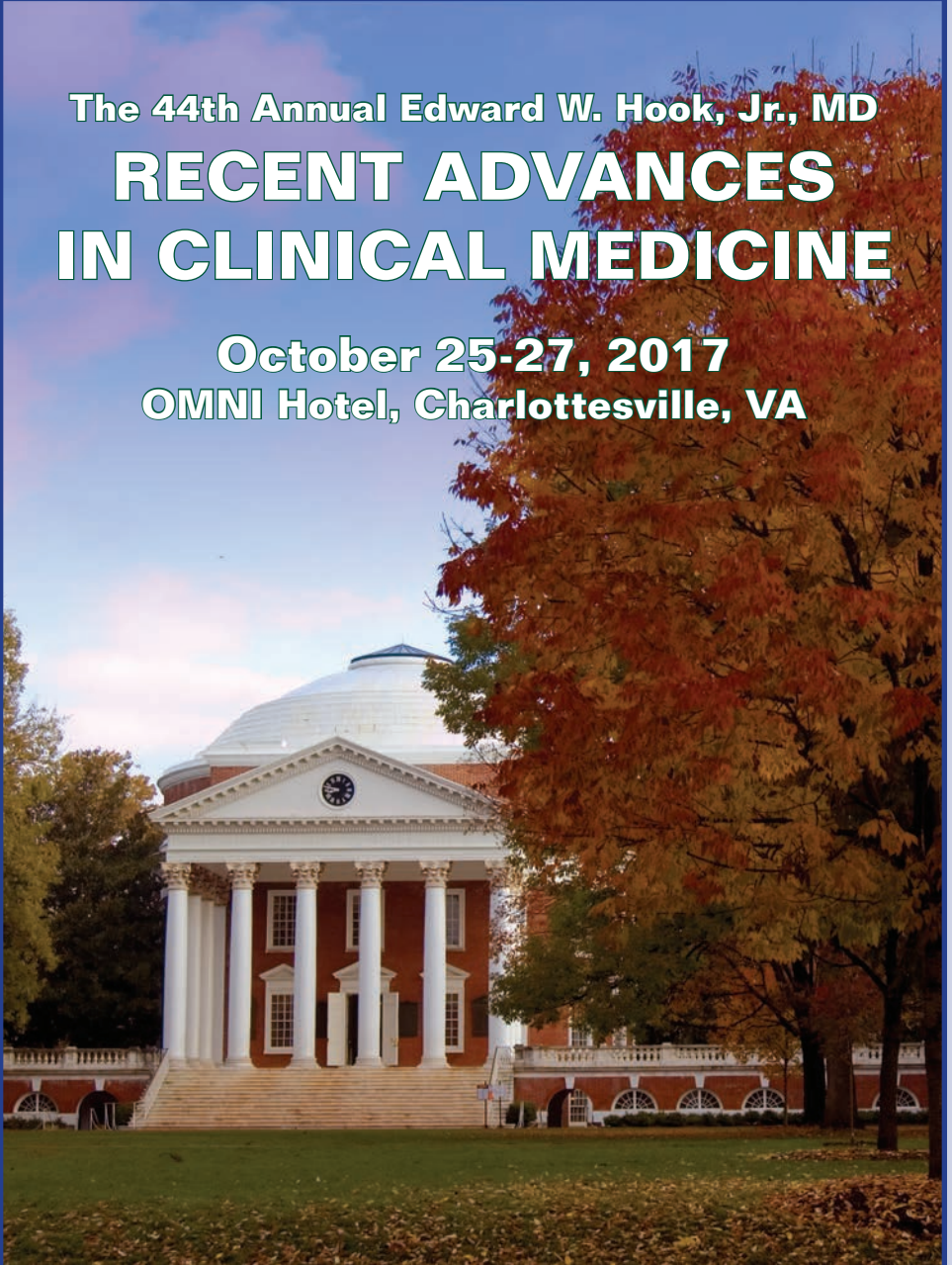


The University of Virginia Department of Medicine
presents

The 44th Annual Edward W. Hook, Jr., MD
RECENT ADVANCES
IN CLINICAL MEDICINE

October 25-27, 2017
OMNI Hotel, Charlottesville, VA



Provided by
the Office of Continuing Medical Education, University of Virginia, School of Medicine

PROGRAM OVERVIEW

The Recent Advances in Clinical Medicine conference is a multidisciplinary CME conference designed to provide primary care clinicians with the knowledge and skills needed to practice state-of-the-art generalist medicine. Through an eclectic array of presentations by representatives of general internal medicine, internal medicine subspecialties, and selected other specialties, the program will highlight new or emerging conditions or treatments with key “take-home” messages, as well as provide updates in the diagnosis and/or management of well-recognized conditions. The educational design of the program will encompass formal presentations, questions/answer panels and meet-the-professor sessions, which allow close interaction with content experts. **In addition, there will be a multidisciplinary segment entitled “Taking on the Opioid Epidemic” comprised of four presentations and a panel discussion totaling 2.00 AMA PRA Category 1 Credits™, satisfying the Virginia Department of Health education requirements.**

EDUCATIONAL OBJECTIVES

Upon completion of the Recent Advances in Clinical Medicine conference, participants will be able to:

1. Initiate evaluation of both common symptom complexes and medical conditions encountered in primary care and hospital practice, utilizing evidence-based and state-of-the-art approaches
2. Institute management of selected important diseases seen in the general adult population, employing up-to-date and cost-effective strategies
3. Recognize when specialty referral is indicated for certain medical conditions and have a basic understanding of the anticipated care to be provided by the consultant
4. Counsel patients more effectively regarding the benefits, risks, and uncertainties in challenging clinical scenarios, such as whether to initiate or continue dialysis for end-stage renal disease
5. Recognize and reduce factors contributing to physician burnout
6. Practice judicious prescribing of opioids at safe doses with appropriate monitoring
7. Discuss appropriate indications for placement of cardiac devices
8. Implement a stream-lined functional assessment of geriatric primary care patients
9. Recognize professional factors conducive to burnout and discuss strategies to ameliorate them

FACULTY

Planning Committee Members

Andrew M. D. Wolf, MD	(Course Director)	General Medicine
Sue A. Brown, MD		Endocrinology
Eva C. Casola, MBA		Continuing Medical Education
Andrew E. Darby, MD		Cardiology
Eric M. Davis, MD		Pulmonary
Windy Forch, GNP-BC		Geriatric Services
Richard D. Hall, MD, MS		Hematology – Oncology
Kambiz Kalantari, MD		Nephrology
Amy J. Mathers, MD		Infectious Diseases
M. Norman Oliver, MD, MA		Family Medicine
Kathryn B. Reid, PhD, RN, FNP-C		School of Nursing
Bryan G. Sauer, MD, MS		Gastroenterology

Visiting Faculty

David E. Brown, DC
Anne Maitland, MD, PhD

VA Department of Health Professions, Richmond, VA
Mt. Sinai Hospital, New York, NY

University of Virginia Faculty

Emaad M. Abdel-Rahman, MD	Nephrology
Dana P. Albon, MD	Pulmonary & Critical Care
Brian H. Annex, MD	Cardiology
Dyan A. Aretakis, FNP, MSN	Teen Health Center
Stewart F. Babbot, MD	General Medicine
Karen K. Ballen, MD	Hematology – Oncology
Eugene J. Barrett, MD, PhD	Endocrinology
Michael P. Bergman, MD	Pulmonary
Leslie J. Blackhall, MD	Palliative Care
Adam Q. Carlson, MD	Rheumatology
Rebekah M. Compton, DNP	Family Medicine
James J. Daniero, MD	Otolaryngology
Rebecca A. Dillingham, MD	Infectious Diseases
Alden M. Doyle, MD	Nephrology
Jeanetta W. Frye, MD	Gastroenterology
Michael Hanley, MD	Radiology
Paul L. Katzenstein, MD	Rheumatology
Bradley W. Kesser, MD	Otolaryngology
Donald L. Kimpel, MD	Rheumatology
Younghoon Kwon, MD	Cardiology
Monica G. Lawrence, MD	Allergy
Tri M. Le, MD	Hematology – Oncology
Simon J. Lehtinen, MD	General Medicine
Janet E. Lewis, MD	Rheumatology
Jessica D. Lewis, MD	Infectious Diseases
Zhenqi Liu, MD	Endocrinology
Timothy J. Longo, JD	School of Continuing & Professional Studies
John M. MacKnight, MD	General Medicine
Hillary S. Maitland, MD	Hematology – Oncology
Pamela K. Mason, MD	Cardiology
Anthony L. McCall, MD	Endocrinology
Nancy M. McLaren, MD	Pediatrics
Kathleen A. McManus, MD	Infectious Diseases
Ambereen K. Mehta, MD	General Medicine
Andrew D. Mihalek, MD	Pulmonary
Andrew G. H. Miller, JD	Piedmont Liability Trust
Justin B. Mutter, MD, MSc	Geriatrics
Mohan M. Nadkarni, MD	General Medicine
Angie G. Nishio Lucar, MD	Nephrology
Mark D. Okusa, MD	Nephrology
Negiin Pourafshar, MD	Nephrology
Robert D. Powers, MD	General Medicine

Faculty (cont.)

P. Preston Reynolds, MD
C. Edward Rose, Jr, MD
Anne G. Tuskey, MD
Michael E. Williams, MD
Cynthia M. Yoshida, MD

General Medicine
Pulmonary
Gastroenterology
Hematology – Oncology
Gastroenterology

AGENDA

The 44th Annual Edward W. Hook, Jr., MD – Recent Advances in Clinical Medicine

WEDNESDAY, OCTOBER 25, 2017

TIME	TOPIC	SPEAKER
7:00AM	Registration, Breakfast & visit with exhibitors	
8:00AM	Welcoming Remarks:	Mitchell H. Rosner, MD, Chair, Department of Medicine Andrew M.D. Wolf, MD Course Director
8:10-9:50	CARDIOLOGY	
8:10	Introduction	Brian H. Annex, MD
8:15	Importance of Detecting and Treating OSA in Patients with Cardiovascular Disease	Younghoon Kwon, MD
8:40	Updates on Aspirin and Dual Anti-Platelet Therapy in CAD	Andrew E. Darby, MD
9:05	What the Primary Care Provider Needs to Know about Cardiac Devices	Pam K. Mason, MD
9:30	Panel Discussion	
9:50-10:10	Mid-morning Break & visit with Exhibitors	
10:10-11:50	GENERAL MEDICINE	
10:10	Introduction	Mohan M. Nadkarni, MD
10:15	Palliative Care and Delirium	Ambereen K. Mehta, MD
10:40	Function as the 6 th Vital Sign in Geriatrics	Justin B. Mutter, MD, MSc
11:05	“Doc, I’m Tired” - A Rational Approach to Evaluating Fatigue	Simon J. Lehtinen, MD
11:30	Panel Discussion	
11:50-12:50	Lunch (on your own) & Exhibitors, or Meet-the-Professor (incls box lunch) - Pre registration Required	
11:55-12:50	LW1 - Healthcare Reform: Where are we now? – Robert D. Powers, MD	
11:55-12:50	LW2 - STI Updates - Dyan A. Aretakis, FNP, MSN	

12:50-3:00	GASTROENTEROLOGY	
12:50	Introduction	Cynthia M. Yoshida, MD
12:55	Do PPI's Cause Dementia? Adverse Effects of Proton Pump Inhibitors	Bryan G. Sauer, MD
1:20	Constipation – Some Hard Lessons	Jeanetta W. Frye, MD
1:45	Stretch Break (5 min)	
1:50	Colon Cancer Screening—How New DNA Tests FIT into screening in 2017	Cynthia M. Yoshida, MD
2:15	Updates in IBD	Anne G. Tuskey, MD
2:40	Panel Discussion	
3:00-3:20	Afternoon Break & Exhibitors	

3:20-5:00	Multidisciplinary - Lab Tests We Order or Interpret Incorrectly	
3:20	Introduction	Andrew M.D. Wolf, MD
3:25	The ANA Is Positive – Oops! Now What...?	Janet E. Lewis, MD
3:50	Anemia Labs – When the Shotgun Misfires	Hillary S. Maitland, MD
4:15	Bacterial Cultures – How to get Juice from the Squeeze	Amy J. Mathers, MD
4:40	Panel Discussion	
5:00	ADJOURN	

THURSDAY, OCTOBER 26, 2017

Time	Topic	Speaker
7:00AM	Registration, Breakfast & visit with exhibitors	
7:30-8:30	Meet-the-Professor Breakfast Session - Pre registration Required	
7:35-8:30	BT1 - Evaluating Shoulder Pain – John M. MacKnight, MD	
7:35-8:30	BT2 - Genetics in Primary Care – P. Preston Reynolds, MD	
8:30-10:10	HEMATOLOGY-ONCOLOGY	
8:30	Introduction	Karen K. Ballen, MD
8:35	Update in Lung Cancer Screening Two Years after Medicare Approval	Michael Hanley, MD
9:00	HIT vs HAT	Hillary S. Maitland, MD
9:25	Updates in GI Cancer Screening and Diagnosis	Tri M. Le, MD
9:50	Panel Discussion	
10:10-10:30	Mid-morning Break & visit with Exhibitors	
10:30-12:10	INFECTIOUS DISEASES	
10:30	Introduction	Amy J. Mathers, MD
10:35	PrEPare the U.S.: HIV Prevention	Kathleen A. McManus, MD
11:00	Caring for People Living with HIV – Striving for Thriving	Rebecca A. Dillingham, MD
11:25	Antibiotic Resistance in the Community	Jessica D. Lewis, MD
11:50	Panel Discussion	
12:10-1:10	Lunch (on your own) & Exhibitors, or Meet-the-Professor (incl box lunch) - Pre registration Required	
12:15-1:10	LT1 - <i>More</i> Challenging ECG's – Andrew E. Darby, MD	
12:15-1:10	LT2 - End of Life Care for ESRD Patients – Emaad M. Abdel-Rahman, MD and Leslie J. Blackhall, MD	

1:10-2:50	RHEUMATOLOGY	
1:10	Introduction	Janet E. Lewis, MD
1:15	Updates in Gout Management	Adam Q. Carlson, MD
1:40	Polymyalgia Rheumatica	Paul L. Katzenstein, MD
2:05	Update on Biologics – What the PCP Needs to Know	Donald L. Kimpel, MD
2:30	Panel Discussion	
2:50-3:10	Afternoon Break & Exhibitors	

3:10-4:50	PULMONARY	
3:10	Introduction	C. Edward Rose, MD
3:15	Fake News & Mean Tweets: Ignoring Common Misunderstandings About Pulmonary Hypertension	Andrew D. Mihalek, MD
3:40	Pleural Disease & Effusion	Michael P. Bergman, MD
4:05	Chronic Cough	Dana P. Albon, MD
4:30	Panel Discussion	
4:50	ADJOURN	

FRIDAY, OCTOBER 27, 2017

Time	Topic	Speaker
7:00	Registration, Breakfast, & visit with Exhibitors	
7:30-8:30	Meet-the-Professor Breakfast Session - Pre-registration Required	
7:35-8:30	BF1 - Increasing Recognition of Ehlers-Danlos Syndrome and Its Fellow Traveler - Mast Cell Activation Disorder - Anne Maitland, MD, PhD	
7:35-8:30	BF2 - Physician Burnout: How to reignite the flame – Stewart F. Babbot, MD	
8:30-10:10	NEPHROLOGY	
8:30	Introduction	Mark D. Okusa, MD
8:35	Care of Kidney Transplant Patients by Primary Care Providers	Alden M. Doyle, MD
9:00	When the Kidneys Fail: Choices for Renal Replacement Therapy, Living vs Deceased Donors, and Other Questions Patients Ask Their Doctors	Angie G. Nishio Lucar, MD
9:25	Work-Up of Proteinuria for the PCP	Negiin Pourafshar, MD
9:50	Panel Discussion	
10:10-10:30	Midmorning Break & Exhibitors	
10:30-12:10	ENDOCRINOLOGY – FOCUS ON DIABETES	
10:30	Introduction	Zhenqi Liu, MD
10:35	Do Any Agents Improve CV Outcomes in Type 2 Diabetes?	Zhenqi Liu, MD
11:00	Decreasing Hypoglycemia Risk in Type 2 Diabetes	Anthony L. McCall, MD
11:25	The Newer Insulin Preparations: Are They Really Progress?	Eugene J. Barrett, MD
11:50	Panel Discussion	
12:10-1:10	Lunch (on your own) & Exhibitors, or Meet-the-Professor (incls box lunch) - Pre registration Required	
12:15-1:10	LF1 - Challenging Allergy Cases – Monica G. Lawrence, MD	
12:15-1:10	LF2 - Care of the Transgender Patient - Nancy M. McLaren, MD	

1:10-3:20	Multidisciplinary - Taking On the Opioid Epidemic	
1:10	Introduction	Andrew M.D. Wolf, MD
1:15	The Opioid Epidemic from a Regulatory Perspective	David E. Brown, DC
1:40	Risk Management Perspective for Opioid Prescribing	Andrew G. H. Miller, JD
2:05	Stretch Break (5 min)	
2:10	Opioids: The balancing of public safety and public health in the midst of a community crisis	Timothy J. Longo, JD
2:35	Making It Work in the Office: Best Practices for Opioid Prescribing	Rebekah M. Compton, DNP
3:00	Panel Discussion	
3:20-3:40	Afternoon Break & Exhibitors	
3:40-4:55	ENT PEARLS FOR THE PCP	
3:40	Introduction	Bradley W. Kesser, MD
3:45	Ear Fullness & Otolgia – Beyond Eustachian Tube Dysfunction	Bradley W. Kesser, MD
4:10	“Throat Burn”: Treating Extraesophageal Manifestations of GERD	James J. Daniero, MD
4:35	Panel Discussion	
4:55	ADJOURN & COMPLETE COURSE EVALUATIONS	

ACCREDITATION AND DESIGNATION STATEMENT

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **24.75 AMA PRA Category 1 Credits™** [19.75 credits for the main sessions and 1.0 for each breakout session (5 maximum)]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards **24.75 hours of participation** (equivalent to *AMA PRA Category 1 Credits™*) [19.75 credits for the main sessions and 1.0 for each breakout session (5 maximum)] to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

University of Virginia School of Nursing Continuing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

University of Virginia School of Nursing Continuing Education awards 19.75 contact hours for the main course and 1.00 hours for selected breakout sessions for nurses who participate in this educational activity and complete the post activity evaluation.

This Live activity, the 44th Annual Edward W. Hook, Jr., MD – Recent Advances in Clinical Medicine, with a beginning date of 10/25/2017, has been reviewed and is acceptable for up to 22.75 Prescribed credit(s) by the **American Academy of Family Physicians**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



LOCATION

This conference will be held at the Omni Charlottesville Hotel, 212 Ridge McIntire Road, Charlottesville, Virginia 22903. Parking in the Omni garage is included in registration. Parking elsewhere is at the expense and risk of the registrant. Valet parking is available upon request. Please contact [Eva Casola](#) to make arrangements.

ACCOMODATIONS

A block of rooms has been reserved for course participants at the conference site. Please identify yourself as a participant in the Recent Advances in Clinical Medicine conference. Our room block is limited so please book it early. Our conference rate is \$185 plus tax.

On the same weekend the University of Virginia has a home football game and rooms will sell out very quickly. The deadline for our room block is midnight October 2, 2017 but please note, the room block will sell out before this deadline.

OMNI CHARLOTTESVILLE HOTEL
212 Ridge McIntire Road
Charlottesville, Virginia 22903
(434-971-5500 or 1-800-THE-OMNI)

REGISTRATION

Registration is available only at www.cmevillage.com under the Conferences & Symposia button.

	Before 9/25/17	9/26 through 10/17/17	*Registration closes as of 10/18/17 and is considered Walk-in After this Date
Main Session(s)			
Physician	\$600	\$700	**\$775
Other HCP	\$500	\$600	**\$675
Paper Syllabus (FULL ONLY; DAILY N/A)***	\$75	\$75	N/A
Daily	\$300	\$350	**\$425
Meet-the-Professor Sessions (PRE-REGISTRATION REQUIRED)			
(Breakfast)	\$20	\$25	N/A
(Lunch)	\$35	\$40	N/A

* On-site Registration: No option for a printed syllabus or Meet-the Professor session

** Online syllabus only

*** Unless pre-ordered before midnight on 10/17/17, the Syllabus will be provided online only at www.cmevillage.com

> Registration will close at **midnight on 10/17/17** and will be considered walk-in after that time. All conference registrants receive continental breakfast, breaks, free Wi-Fi, free parking at the Omni and access to the online syllabus.

> Eligible UVA **Academic Division** employees may wish to consider use of the University Education Benefits Program to assist with the conference registration fee. For more information, visit www.hr.virginia.edu/go/ed-benefit

CONFIRMATION & CANCELLATION POLICY

Upon receipt of registration and payment, you will receive an email confirmation.

Registration fees will be refunded (less a \$50 administrative fee) for written cancellations (emails and faxed requests are acceptable) received a minimum of 14 days prior to the activity date. No refunds will be granted for registration fees of less than \$50 or for cancellations made within 13 days of the activity.

The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.

AIM PRECEPTORS

You may be eligible for partial reimbursement of the RACM registration fee if you are scheduled to precept a 3rd year AIM Student in the 2017-2018 academic year. Please contact the LeAnn Hopkins from the AIM Office at 434-297-7475 for more information on this and the complimentary AIM Preceptors Dinner to be held at the Omni on Wednesday, 10/25, at 6:00 pm.

SPECIAL NEEDS

Please contact us with special needs or to update your profile.

CONTACT INFORMATION

Eva Casola

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434-924-5310

