A Practical Guide to the Medical Management of Mental Illness Through Pregnancy & Lactation

A Live, Internet-Based, Interactive Seminar
5-7:30 PM
Thursday, October 15th, 2020

Credits Offered:
2.0 Contact Hours (all pharmacology),
2.0 Hours of Participation

PRESENTER: Olivia Reichenbacker, DNP, RN, PMHNP-BC, UVA School of Nursing Assistant Professor

TARGET AUDIENCE:
Prescribing healthcare providers in the fields of mental health, obstetrics, family practice, pediatrics, and acute care including APRNs, physicians, and physician assistants. Psychologists, therapists, doulas, childbirth professionals, and other support and resource providers.

TOPICS:
- Management of psychotropics in pregnant and lactating patients including:
  - Risks and benefits of medication treatment including neurodevelopmental sequelae, perinatal sequelae, and congenital malformations.
  - Risks of untreated mental illness
  - Heuristic process for medication decision making
  - Application of the evolving evidence base to treatment decision making
  - FDA pregnancy and lactation labeling updates and practical application
  - Review of the evidence base for each medication class.
  - Resources for clinicians and patients
- Brief overview of perinatal mental illness presentation and course
FEES:
- Attendee - $50, $60 after October 5th
- Student or UVA Employee - $40, $50 after October 5th

DESIRED OUTCOMES/EDUCATIONAL OBJECTIVES:
Through participation in this webinar, participants will be able to:
- More confidently manage or support pregnant and lactating patients with mental illness.
- Identify appropriate psychotropic treatment options using the available and evolving data
- Describe unique presentations and courses of mental disorders during pregnancy and lactation
- List considerations in the decision-making process for prescribing medication during pregnancy and lactation

PLANNING COMMITTEE: Olivia Reichenbacker, DNP, RN, PMHNP-BC, Course Director, Kathryn Reid PhD, RN, FNP-C, CNL, Nurse Planner, Linda Hanson, MSM, Program Coordinator

Olivia Reichenbacker, DNP, RN, PMHNP-BC, UVA School of Nursing Assistant Professor of Nursing, and Coordinator of the Psychiatric-Mental Health Nurse Practitioner Program, has worked in psychiatric-mental health nursing since 2013. She is board certified as a psychiatric mental health nurse practitioner and specializes in the care of women’s mental health across the lifespan.

With a passion for improving mental healthcare for pregnant and postpartum patients, she is an active member of both Postpartum Support International and Postpartum Support Virginia and lectures about medication management of mental illness in the perinatal period to providers across specialties.

Dr. Reichenbacker earned both a DNP and an MSN from the University of South Alabama, and graduated from UVA School of Nursing’s BSN program with honors in 2013. At UVA, she teaches psychiatric nursing to both undergraduate and graduate students.

Click to register now!

Questions? Email sonce@virginia.edu

The University of Virginia School of Nursing Continuing Education (SONCE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

University of Virginia SONCE awards 2.0 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

The University of Virginia School of Nursing Continuing Education, as an accredited provider, awards 2.0 hours of participation (consistent with the designated number of ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Nursing Continuing Education maintains a record of participation for six (6) years.