The 17th Annual UVA Breast Care Conference: Following a Patient’s Journey with Breast Cancer

October 17, 2020 LIVE STREAM WEBINAR 8:15 am – 5:00 pm
Available through November 30, 2020

A link for access will be provided the week of the activity. The content will also be available for on-demand viewing through November 30, 2020.

Provided by the Office of Continuing Medical Education University of Virginia School of Medicine and the School of Nursing Continuing Education

Course Description

As the leaders in breast care for the region, we have found that many providers have questions regarding how to provide their patients with current information surrounding screening, new technology, and follow-up care. In 2020, we plan to open a comprehensive breast center which will consolidate the many aspects of patient care in one location. The first part of our program will follow a hypothetical patient into our center as she navigates mammography, surgical decisions, and adjuvant treatment options. In addition, we will focus on the many supportive options our patient may need from managing the toxicity of chemotherapy to prevention of lymphedema and understanding reconstruction options and toxicity. Our hope is, by educating non-breast care providers on how we utilize a patient-focused, interdisciplinary approach we may influence care and improve outcomes for breast cancer patients in our region.

Financial toxicity is a well-recognized adverse effect of cancer treatment, which impacts both patient treatment decisions and quality of life. We know that the financial impact of cancer treatment influences surgical and adjuvant treatment options at the potential cost of optimal cancer care. Our keynote speaker will focus on the financial impact of breast cancer, and our follow-up speaker will focus on the financial resources available for breast cancer patients here at UVA.
COVID has changed the face of medicine. While certain treatment pathways are recognized as standard of care treatments, this pandemic has made us re-evaluate what is safe and effective for our patients. During this pandemic, we have created new pathways to evaluate the benefits and risk of a surgical resection, systemic therapies, and radiation versus potential exposure. These new pathways are guided by experts in our field. Our late afternoon session will expand on the reasoning behind shifting standard of care treatments to optimize the risk/benefit profile for our patients with sessions on surgical, systemic, radiation, and imaging decisions.

This webinar course will feature brief didactic sessions, discussions, and interactive case presentations.

**Target Audience**

This program is designed for health care professionals including community-based and academic physicians, nurses, physician assistants, trainees, technologists, and researchers.

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**Agenda with Session Learning Objectives**

At the completion of this conference, the participant should be able to:

8:15  **Welcome** – Course Co-Directors: Carrie Rochman, MD and Einsley Janowski, MD

8:30  **Screening Women with Dense Breast Tissue: Update on Abbreviated MRI, CEM, AUS** – Matthew Miller, MD

- Review of supplemental screening modalities for women with dense breast tissue
- Understand current evidence on cancer detection rates and false positive rates for each modality
- Be able to choose best supplemental screening modality for individual patient scenarios

9:00  **When Less is More in Older Patients.** – Shayna Showalter, MD

- Understand the standard of care for the treatment of early stage breast in older women and impact of treatment regimens on survival and recurrence
- Describe the population trends in how older patients are treated in comparison to the guidelines
- Understand the new Breast-52 trial and ongoing research to improve breast cancer treatment in older women

9:30  **Apocrine Lesions: From Atypical Metaplasia to Apocrine Ductal Carcinoma in Situ** – Kristen Atkins, MD

- Identify normal apocrine changes in breast samples and understand the innate biological differences between normal ductal cells and apocrine cells.
- Review categorization methods for atypical metaplasia and apocrine ductal carcinomas
- Understand the therapeutic and prognostic significance of apocrine carcinoma and other triple negative breast cancers

10:00 **Managing the Physical and Emotional Toxicity of Breast Cancer Systemic Therapies** – Patrick Dillon, MD

- Understand the indications, efficacy, and side effects of a scalp cooling device
- List the options for prevention and treatment of chemotherapy induced neuropathy
- Name 3 drugs that are useful for the management of chemotherapy side effects.

10:30  Q&A

10:45  Break

11:00 **Lymphedema Update** – Regan Royer, MD

- Define upper quadrant lymphedema and its stages
- Understand effective management options for breast cancer-related lymphedema
- Illustrate importance of prospective lymphedema screening programs
- Understand advantages and disadvantages of pre-pectoral implant-based breast reconstruction.
- Summarize methods to improve operative efficiency in free flap breast reconstruction.
- Demonstrate interventions to improve patient outcomes after breast reconstruction.

11:40 Radiation and Reconstruction – Einsley Janowski, MD
- Evaluate the impact of radiation on breast reconstruction
- Summarize the data on radiation associated breast reconstruction complications
- Understand how best to integrate radiation and breast reconstruction

12:00 Q&A Panel

12:15 LUNCH — Mock Tumor Board Conference. Anneke Schroen, MD, MPH, Jonathan Nguyen, MD, Kristen Atkins MD, Trish Millard MD, Einsley Janowski, MD

1:00 Key Note Speaker: Financial Impact of Breast Cancer - Rachel Adams Greenup, MD, MPH
- Describe the components of cancer treatment costs from the perspective of individuals receiving care
- Understand the available resources for breast cancer patients at-risk for financial toxicity
- Acknowledge the financial costs and burden associated with breast cancer diagnosis and treatment

1:50 Financial Resources for Breast Cancer Patients at UVA – Patricia Gaspard, RT (R)(M), BS
- Understand the Current Legislation on Surprise Billing and Balance Billing
- Recognize on-line resources available for patients before on-site visit
- Review the enrollment criteria and benefits of Every Woman’s Life Emergency Medicaid Program

2:15 Q&A Panel

2:30 Break

2:45 Impact of COVID on Breast Cancer Treatment- When to Cut During a Pandemic – David Brenin, MD
- Understand how the COVID-19 pandemic changed the timing of breast cancer treatments
- Become familiar with research opportunities resulting from COVID-19 related changes in management of patients with breast cancer
- Provide guidance to patients about timing of procedures
- Identify factors used to triage breast cancer patients during the pandemic

3:15 Neoadjuvant Endocrine Therapy - Trish Millard, MD
- Understand the potential indications and efficacy of neo-adjuvant endocrine therapy for breast cancer
- List potential complications of endocrine therapy for breast cancer
- Explain the differences between types of endocrine therapies for breast cancer
- Understand Breast cancer treatment in the COVID era

3:45 Hypofractionation, Shortening Radiation Therapy - Einsley Janowski, MD
- Understand the indications for breast irradiation
- Review the data for various forms of hypofractionated radiation
- Evaluate the risks and benefits of various radiation options during a pandemic

4:15 Impact on Screening and Breast Cancer Diagnosis during Pandemic – Carrie Rochman, MD
- Examine breast cancer diagnosis rates before, during, and after acute phase of pandemic
- Examine barriers to breast imaging utilization
- Understand economic impact of unemployment and lack of insurance on screening
- Explore available resources to patients

4:40 Q&A Panel

4:55 Closing Remarks
Course Faculty (*denotes planning committee)

Kristin Atkins, MD, Professor of Pathology, Division of Surgical Pathology and Cytopathology
David Brenin, MD, Associate Professor of Surgery, Division of Surgical Oncology
Gina DeGennaro, DNP, CNS, RN, AOCN, CNL*, Nurse Planner; Associate Professor of Nursing, School of Nursing
Patrick Dillon, MD, Associate Professor of Medicine, Division of Hematology/Oncology
Kimberly Drewry, FNP, Advanced Practice Provider-Medical Oncology, Breast Care Center
Tamara Fisher, BSN, Nurse Navigator, Breast Care Center
Patricia Gaspard, RT (R)(M), BS*, Manager Breast Care Center, Radiology/Cancer Center
Rachel Adams Greenup, MD, MPH, Associate Professor of Surgery, Dept of Surgical Oncology, Duke University SOM
Einsley-Marie Janowski, MD*, Course Director; Assistant Professor of Radiation Oncology, Division of Radiation Oncology
Trish Millard, MD, Assistant Professor of Medicine, Division of Hematology/Oncology
Matthew Miller, MD, Assistant Professor of Radiology and Medical Imaging, Division of Breast Imaging
Jonathan Nguyen, MD, Assistant Professor of Radiology and Medical Imaging, Division of Breast Imaging
Carrie Rochman, MD*, Course Director; Assistant Professor of Radiology and Medical Imaging, Division of Breast Imaging
Regan Royer, MD, MPH, Physical Medicine and Rehabilitation, Division of General Physical Medicine and Rehabilitation
Anneke Schroen, MD, MPH, Associate Professor of Surgery, Division of Surgical Oncology
Shayna Showalter, MD, Associate Professor of Surgery, Division of Surgical Oncology
John Stranix, MD, Assistant Professor of Plastic and Maxillofacial Surgery, Division of General Plastic and Maxillofacial Surgery
Tanya Thomas, DNP, APRN*, Nurse Content Specialist; Assistant Nurse Manager, Inpatient Hematology/Oncology
Andrea Zimmerman, EdD*, Learning Engineer, Office of Continuing Medical Education

Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this enduring material for a maximum of 8.0 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Nursing Continuing Education (SONCE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The University of Virginia SONCE awards 8.0 contact hours for nurses who participate in this educational activity and complete the post activity evaluation.

The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education, as accredited provider(s), awards 8.0 hours of participation (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education maintains a record of participation for six (6) years.

Successful completion of this CME activity enables the participant to earn up to 8.0 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Approval is pending for ASRT credits for Radiation Technologists.
Registration Information and Fees

Registration is available only online at www.cmevillage.com in the Learning Portal. The syllabus will be available online only the week of the conference until November 30th.

Note: The registration fees have been set to make the meeting as affordable as possible for all prospective attendees. There will be no discount for UVA faculty and staff.

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**Use EARLYBIRD discount code by August 31st for $75 discount!**

Contact Information

Please contact Andrea Zimmerman, EdD in the Office of Continuing Medical Education with any questions regarding this activity uvacme@virginia.edu or 434-924-5310.