A Practical Guide to the Medical Management of Mental Illness Through Pregnancy & Lactation

FACULTY:
Lyons Hardy, MS, RN, P-MHNP, VCU School of Nursing Clinical Assistant Professor
Olivia Reichenbacker, DNP, RN, PMHNP-BC, UVA School of Nursing Assistant Professor

DESIRED OUTCOMES/EDUCATIONAL OBJECTIVES:
Through participation in this webinar, participants will be able to:

- More confidently manage or support pregnant and lactating patients with mental illness
- Identify appropriate psychotropic treatment options using the available and evolving data
- Describe unique presentations and courses of mental disorders during pregnancy and lactation
- List considerations in the decision-making process for prescribing medication during pregnancy and lactation
ABOUT THE FACULTY

Olivia Reichenbacker, DNP, RN, PMHNP-BC, University of Virginia School of Nursing Assistant Professor of Nursing, and Coordinator of the Psychiatric-Mental Health Nurse Practitioner Program, has worked in psychiatric-mental health nursing since 2013. She is board certified as a psychiatric mental health nurse practitioner and specializes in the care of women’s mental health across the lifespan. With a passion for improving mental healthcare for pregnant and postpartum patients, she is an active member of both Postpartum Support International and Postpartum Support Virginia and lectures about medication management of mental illness in the perinatal period to providers across specialties. At UVA, she teaches psychiatric nursing both to undergraduate and graduate students.

Lyons Hardy, MS, RN, P-MHNP, Virginia Commonwealth University School of Nursing Clinical Assistant Professor, has been the concentration lead for the psychiatric mental health nurse practitioner program at VCU since 2017. She has been a psychiatric nurse since 2004 and a psychiatric nurse practitioner since 2012. She has worked with patients across the lifespan in a variety of settings. She currently practices two days per week with adults in two outpatient integrated primary care settings in addition to her teaching responsibilities. She is passionate about educating other professionals about the appropriate use of psychotropic medications during pregnancy and lactation and has presented on this topic numerous times.

Planning Committee Members: Olivia Reichenbacker, DNP, RN, PMHNP-BC, Course Director; Kathryn Reid PhD, RN, FNP-C, CNL, Nurse Planner; Linda Hanson, MSM, Program Coordinator

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DISCLOSURES

Lyons Hardy, MS, RN, P-MHNP and Olivia Reichenbacker, DNP, RN, PMHNP-BC have no relevant financial affiliations to disclose.

The faculty and staff of the Planning Committee and of the University of Virginia School of Nursing Continuing Education involved in the planning and implementation of this educational activity have no relevant financial affiliations to disclose.

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8. For problems, contact us at sonce@virginia.edu.

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Time: 3-6:15 PM  
Dates: Tuesdays 10/20, 10/27, and 11/10 (attend all three sessions to complete the course)  
Credits offered: 9.0 Contact Hours, 9.0 Hours of Participation  
Fee: Attendee - $60, Student or UVA Employee - $50

Musculoskeletal Diagnostic Imaging

Date: Wednesday, November 18, 2020  
Time: 12:30 PM - 4:30 PM  
Credits Offered: 3.5 Contact Hours, 3.5 Hours of Participation  
Fees: Health Care Provider -- $45, Student -- $40

2021 Diagnostic Imaging: Chest & Abdominal CT Scans

Date: Wednesday, January 13, 2021  
Time: 2:00 – 4:30 PM  
Credits Offered: 2.25 Contact Hours, 2.25 Hours of Participation  
Fees: Attendee -- $40, $45 after January 1; Student or UVA Employee -- $30, $45 after January 1