



COMPASSIONATE CARE INITIATIVE LEARNING SERIES

Conversations about resilience, collaboration,
and voice in healthcare

Catherine F. Casey, MD
Associate Professor of Family Medicine
**Certified Member, World Professional Association for
Transgender Health (WPATH)**

Time: 2:30-4:00 PM

Date: June 5, 2024

Locations:

- [UVA Health Education Resource Center Meeting Room A](#)
- or
- [Zoom](#)

Catherine Casey MD (she/her) is an Associate Professor of Family Medicine at the University of Virginia, and a co-founder of UVA's comprehensive, multidisciplinary Gender Health Program. She is the sole WPATH-certified physician in Virginia, and trains health professionals of all stages in gender-affirming medical care. Her awards related to advocacy, teaching, and serving gender-diverse patients include the 2020 John H. Casteen III Diversity, Equity, and Inclusion Award and the 2022 Medical Society of Virginia's Salute to Service Award.

Dr. Casey sees patients of all ages and genders for primary care at UVA Health. Her interests include providing competent and compassionate care to LGBTQ+ patients — and teaching faculty, students, and residents to do the same.

Desired Outcomes for This Training

Upon completion of this learning activity, participants should be able to:

- Define gender identity, including transgender, cisgender, and nonbinary. Explain how this differs from sexual orientation and behavior.
- Describe how to create a clinical environment that is inclusive of gender-diverse patients.
- List small changes to language and approach to the physical exam that make a big difference in the comfort of gender diverse patients.

Questions?

E-mail Kierah M. Barnes-Vaval DNP, RN, AGACNP, CCRN-CSC, CMC, *Director of Advanced Practice Diversity & Development*, kb4ef@uvahealth.org



Course Description: The CCI Learning Series features programming for health workers – healthcare professionals, caregivers, students, faculty, staff, and community members – all of whom have a shared interest in relieving human suffering compassionately. The CCI Learning Series particularly targets sessions on increasing wellbeing, improving collaboration, and using voice and leadership to provide compassionate care.

Target Audience: MDs, RNs, all healthcare staff

Desired Outcomes:

Upon completion of this learning activity, participants should be able to:

- Describe issues and obstacles to wellbeing, collaboration, and voice in the context of compassionate healthcare
- Understand the benefits of improving wellbeing, collaboration, and leadership for compassionate care
- Practice skills related to resilience, collaboration, and leadership for compassionate care
- Apply lessons learned in their own healthcare setting
- Model behaviors that foster wellbeing, collaboration, and leadership to grow and sustain compassionate care.

Disclosure of Faculty Financial Affiliations:

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the **ACCME Standards for Integrity and Independence in Accredited Continuing Education**, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff and planning committee members engaged in the development of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

Disclosures: No one in a position to control the content of this educational activity has disclosed a relevant financial interest or relationship with any commercial interest.

Accreditation & Designation Statements:



In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive **1.5** Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1.5 AMA PRA Category 1 Credits**.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The University of Virginia School of Medicine and School of Nursing awards **1.5 contact hour(s)** to a nurse who participates in this educational activity and completes the post activity evaluation.

The University of Virginia School of Medicine and School of Nursing awards **1.5 hours of participation** (consistent with the designated number of **AMA PRA Category 1 Credit(s)**™ or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.